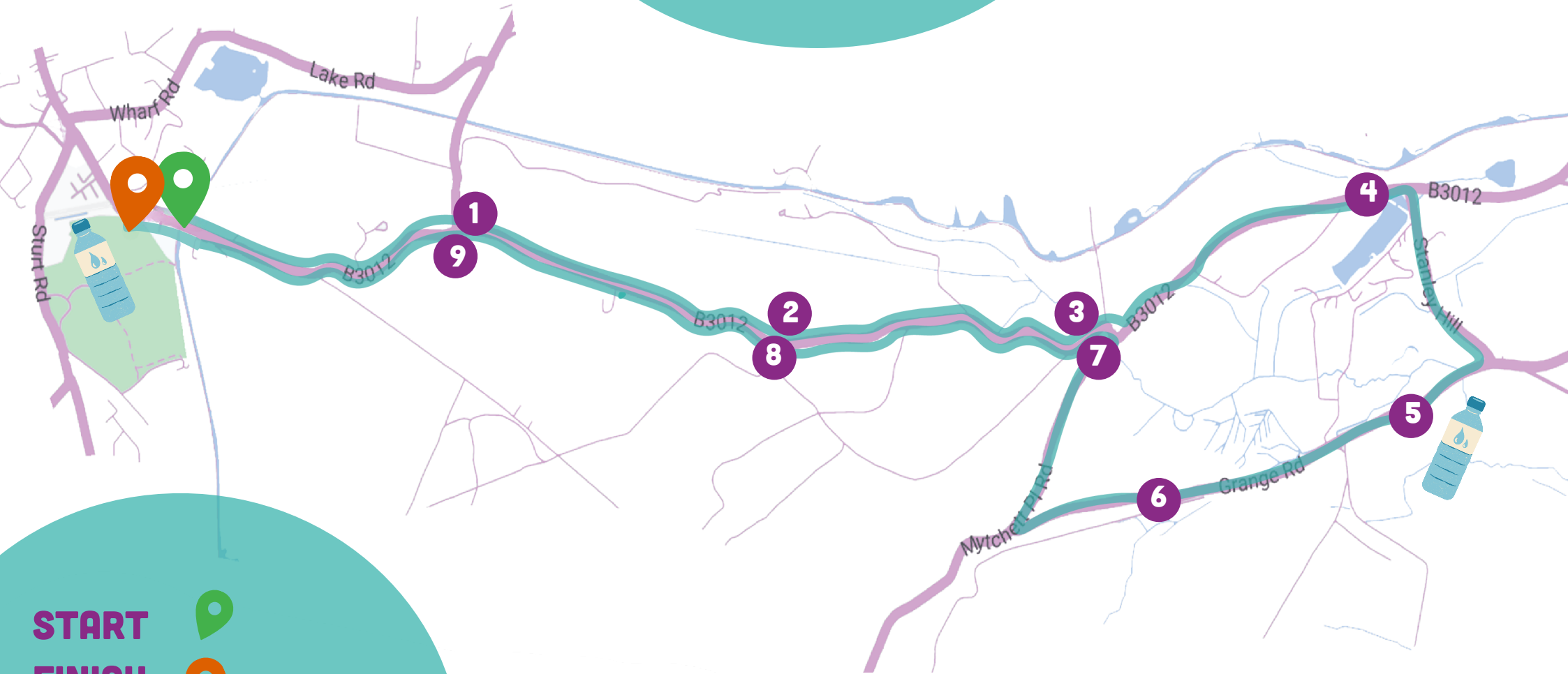


10KM



RUN FRIMLEY



START



FINISH



WATER STATION



KM MARKERS

3